

Dr. Prathamesh Hemnani

M.B.B. S, D.P.M, D.N.B

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Location: Ulhasnagar, Thane, Maharashtra, India

Date of Birth: 29 March 1991

Objective

Dedicated and compassionate psychiatrist with over 3 years of clinical experience. Skilled in assessing, diagnosing, and treating complex psychiatric conditions within multidisciplinary teams. Looking to contribute to the well-being of communities and foster positive mental health outcomes through psychiatric care.

Core Competencies

Client Assessment: Proficient in assessing client needs, abilities, and behaviours through structured interviews and direct observation.

Multidisciplinary Collaboration: Experienced in working alongside clinical psychologists, social workers, healthcare professionals, and nurses.

Research Skills: Conducting applied research, contributing to evidence-based practices in diverse healthcare settings.

Communication: Exceptional verbal and written communication abilities with clients and healthcare teams.

Compassionate Care: Empathetic and committed to making a positive difference in the lives of individuals.

Current Role

Associate Psychiatrist

Shraddha Rehabilitation Foundation, Karjat

Consultant Psychiatrist

Roshan Nursing Home, Ulhasnagar, Thane.

Consultant Psychiatrist (Part Time)

Red Cross Hospital, Ulhasnagar.

Consultant Psychiatrist (Part Time)

Swami Sarvanand Charitable Hospital, Ulhasnagar.

Consultant Psychiatrist (Part Time)

Holy Cross Hospital, Kalyan.

Consultant Psychiatrist (Part Time)

Aayush Hospital, Kalyan

Consultant Psychiatrist (Visiting)

Shivneri Hospital, Ulhasnagar

Work Experience

Resident Doctor (DNB Residency Program)

Gujarat Institute of Mental Health, Ahmedabad, Gujarat November 2022-November 2024

Consultant Psychiatrist

Alpha Healing Centre, Panchmahal, Vadodara, Gujarat March 2022 - November 2022

- Delivered psychiatric assessments, diagnosis, and treatment for various mental health disorders with specific focus on substance use disorders.
- Collaborated with a multidisciplinary team to design holistic treatment plans.

Medical Officer

Primary Health Centre, Pendhari, Gadchiroli, Maharashtra April 2016 - February 2017

- Administered general medical care and mental health services to tribal and rural populations.

Academic Qualifications

Year	Degree	Institution	Marks
2024	Diplomate of National Board (DNB)	Gujarat Institute of Mental Health, Ahmedabad	60.14%
2020	Diploma in Psychological Medicine (DPM)	Central Institute of Psychiatry, Ranchi	60.33%
2015	M.B.B.S	Dr. Vaishampayan Memorial Government Medical College, Solapur	62.53%
2009	H.S.C	Kishanchand Chellaram College, Mumbai	83.33%
2007	S.S.C	Fatima High School, Ambernath	78.92%

Research Experience

DPM Dissertation: *Religious Delusions in Mania - An Outcome Study* (2020) under Prof. (Dr.) Basudeb Das (Director and Professor of Psychiatry, CIP, Ranchi) and Dr. Roshan Khanande (Professor of Psychiatry, CIP, Ranchi)

DNB Dissertation: *Sexual Dysfunction in Males with Alcohol Dependence - A Case Control Study* (2024) under Dr. Ajay Chauhan (Medical Superintendent and Senior Consultant, GIMH, Ahmedabad) and Dr. Chirag Parmar (Senior Consultant, GIMH, Ahmedabad)

Papers & Presentations

Religious Delusions in Mania and Magico-religious Beliefs in Key Caregivers - Presented at the 26th National Conference of the Indian Association of Social Psychiatry, AIIMS Bhubaneswar (2019).

Internet Gaming Disorder in an Adolescent: A Case Report - Presented at the 72nd Annual National Conference of the Indian Psychiatric Society, Kolkata (2020).

Extracurricular Activities

Attended Nirman - *Youth for Purposeful Life* workshop by SEARCH, Gadchiroli (2016).
Cultural Secretary (Arts), Dr. Vaishampayan Memorial Govt. Medical College (2011- 12).

Skills & Proficiencies

Psychiatric Expertise: Addiction Psychiatry, Mood Disorders, Psychotic Disorders, Anxiety Spectrum Disorders, Child & Adolescent Psychiatry, Community Psychiatry.

Languages: Proficient in English, Marathi, Hindi and Sindhi.

Computer Skills: Microsoft Office Suite.

Professional Affiliations

Member, Indian Psychiatric Society

Member, Bombay Psychiatric Society

Member, Indian Medical Association

Member, Ulhasnagar Medical Association

About Me

I am a dedicated and compassionate psychiatrist with a focus on personalized care and evidence-based treatment. My goal is to combine clinical expertise with innovative mental health solutions to enhance patient well-being. I also have a passion for research and am committed to advancing the field of psychiatry.

Declaration

I hereby declare that the information provided is true to the best of my knowledge.